



FOUR GREENS
COMMUNITY TRUST
Helping people, changing lives

FOOD BANK

YOUR DONATIONS CHANGE LIVES

CAN YOU HELP THOSE IN NEED?

Since the end of March 2020 Four Greens Community Trust, in partnership with Whitleigh Big Local, St Chads Church and the Salvation Army, have provided an emergency response service to our community that has supported over 160 families and individuals in the Honicknowle, Whitleigh, Ernesettle and Manadon communities.

This community response has included a prescription and food pick up service, the provision of one off emergency cash payments to support with energy costs and for those most in need the delivery of food parcels. As the economic impact of Covid-19 deepens and more of our local community, many who are currently either on zero hours contracts or in low paid jobs either see their jobs being made redundant or their hours reduced the need for food parcels to be provided has never been greater.

FGCT is currently delivering over 65 food parcels a week to the PL5 area. Referrals are being made to us from a variety of organisations including churches, Plymouth City Council, The Salvation Army, Barnardos, Livewell and local organisations such as Whitleigh Big Local, the Phoenix Centre and Plymouth Community Homes.

The Covid-19 pandemic has highlighted the level of food poverty within our community and as a result of this Four Greens Community Trust and its partners have agreed that this is a service that we need to continue as the need is great and is only going to increase. Our existing service has been funded thanks to the generosity of our local community who helped us to raise over £12,000. In addition, we were successful in a partnership Bid with St Matthias Church to receive 10 weeks of food funded by government department DEFRA.

In order for us to continue this vital service long term we are asking our friends, members, and partners to consider making a small monthly donation to the Four Greens Community Trust that will go towards food for the parcels being delivered.

We have received many testimonials about the difference the food parcels make but the one that sums up the sentiments best is one received from a family that were referred to us by Barnardos and were experiencing multiple issues including the mother reporting domestic abuse. "The food parcels we receive mean that our whole family, but particularly my two children can eat properly and with everything going on in our lives this is a vital level of support for us at this time. Thank you so much".

Are you able to donate as little as £3 a month to support those most in need. If so, please complete the form on the back and send to Mark Rowles at rowlesmk@gmail.com or drop into our centre.

Thank you for considering supporting FGCT in this vital work.
Four Greens Community Trust
Donate to Feed a Family Appeal

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FOOD BANK DONATION FORM

I would like the Four Greens Community Trust to set up a Standing Order until further notice that will on the 1st of each month take the following amount that my bank account and will be solely used for the purchase of food for the foodbank facility being co-ordinated from the Four Greens Community Trust Whiteleigh Hub.

Please tick the option that you would like to donate on a monthly basis.

- ☐ £3
- ☐ £5
- ☐ £10
- ☐ £20
- ☐ Other

Bank Details

Name		Name of Bank Account	
Email		Name on Bank Account	
Phone		Bank Account Number	
		Sort Code	

☐ I would not like to be sent information about the work of the Four Greens Community Trust and its Foodbank operation.

Please note these details will once used to set up standing order will be stored securely and will not be used for any other purposes or shared with any other parties.

Confirmation will be sent of receipt of this form and the date of the first payment requested will be sent to you.

Please note this standing order can be cancelled at anytime, to do so, please contact Mark Rowles on rowlesmk@gmail.com and the standing order will be cancelled within 24 hours of receipt.



If you have any further questions please dont hesitate to contact us on the details below.

01752 875916 | FACILITIES.FGCT@GMAIL.COM

THANK YOU FOR YOUR SUPPORT!